

Understand the Match

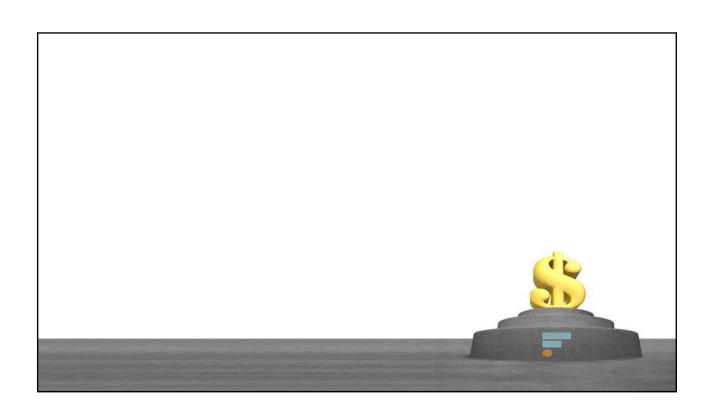
- Start saving right away in either the Tax Deferred Account (TDA) or the Roth 403(b)
- After one year of service, elect a 4% contribution to the Contributory Retirement Account (CRA) to receive full match

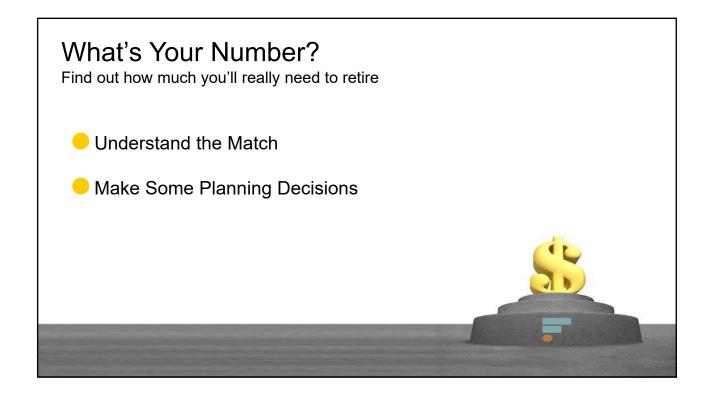


Understand the Match

- Start saving right away in either the Tax Deferred Account (TDA) or the Roth 403(b)
- After one year of service, elect a 4% contribution to the Contributory Retirement Account (CRA) to receive full match
- After 1 year receive the basic company contribution
- Consider converting CRA balance to Roth







Questions to Ask

- 1. When will I retire?
- 2. What will I receive from Social Security?
- 3. What income will I need in retirement?
- 4. How long do I want my money to last in retirement?
- 5. What rate of return should I expect?



Questions to Ask

1. When will I retire?



Key Retirement Age Milestones

- 59 1/2 years old No penalty for distributions
- 62 years old Eligible for Social Security
- 65 years old Eligible for Medicare
- 65-67 years old Full Retirement Age
- 70 years old Largest Social Security Benefit

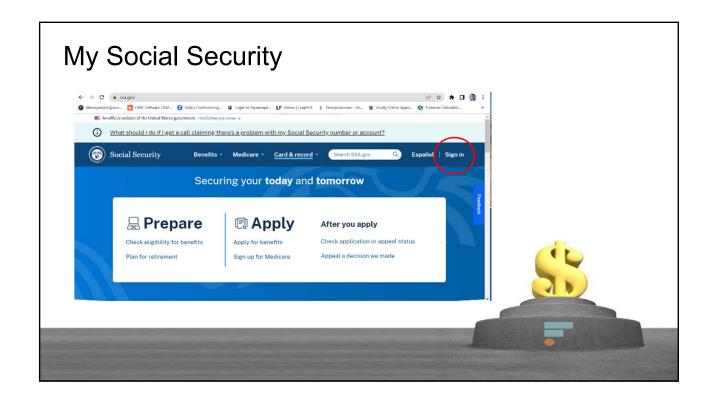


Questions to Ask

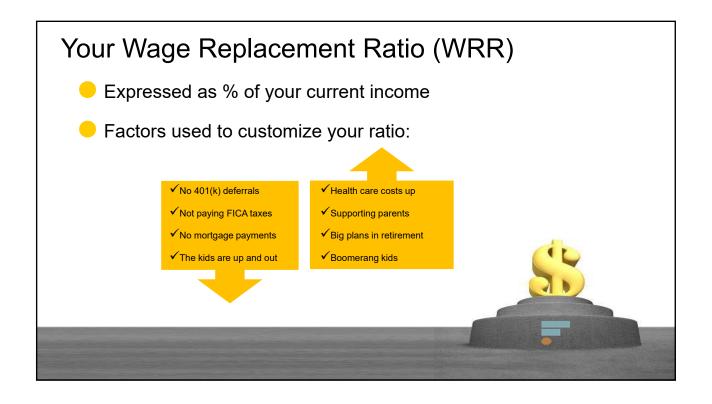
- 1. When will I retire?
- 2. What will I receive from Social Security?



Can You Count on Social Security? Relax, it will be there It's a pay as you go system Benefits may be reduced for many Americans Hey, where's my statement?



Questions to Ask 1. When will I retire? 2. What will I receive from Social Security? 3. What income will I need in retirement?



Your Wage Replacement Ratio

The great debate: What to budget for health care

- According to the Boston College Center for Retirement Research center, medical expenses not covered by Medicare will cost . . .
 - >Average \$197,000
 - >5% Risk \$311,000

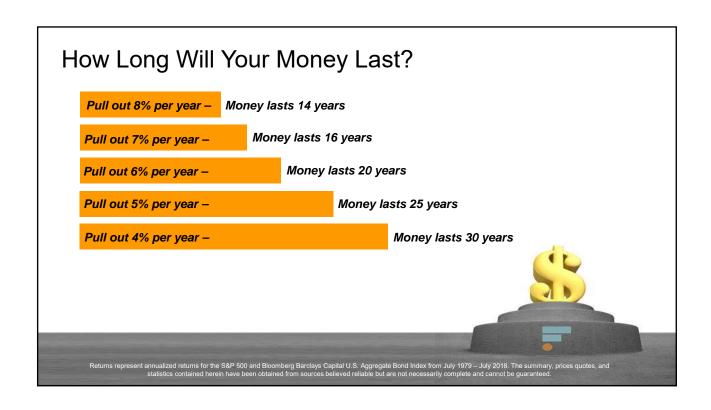


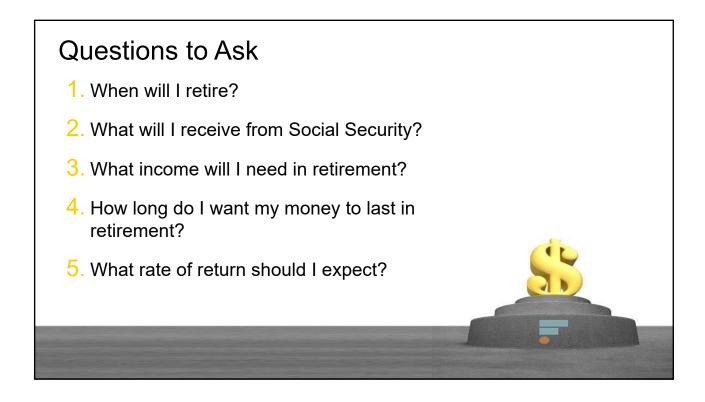
ttp://www.prudential.com/media/managed/Distri_of_Lifetime_Health_Costs_from_age65.pdf

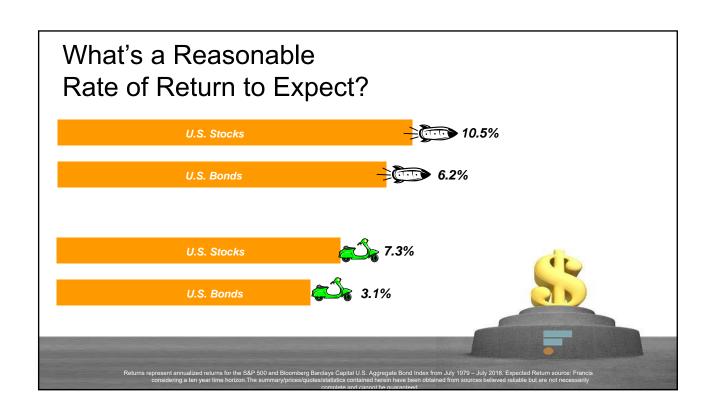
Questions to Ask

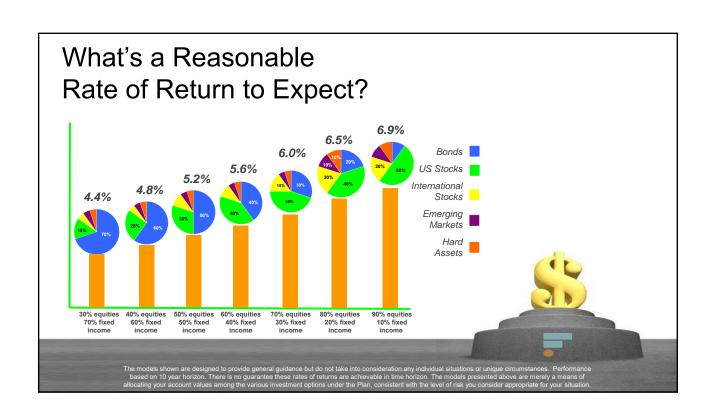
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- 2. What will I receive from Social Security?
- 3. What income will I need in retirement?
- 4. How long do I want my money to last in retirement?



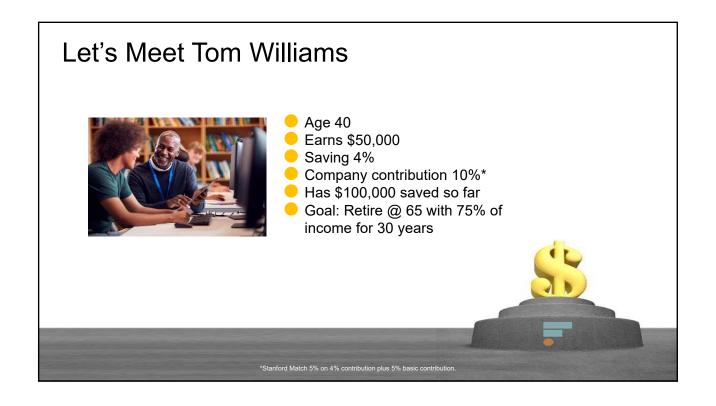








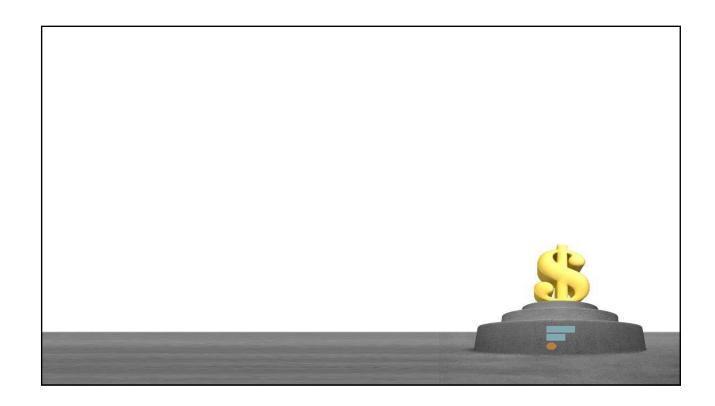
What's Your Number? Find out how much you'll really need to retire Understand the Match Make Some Planning Decisions Do the Math



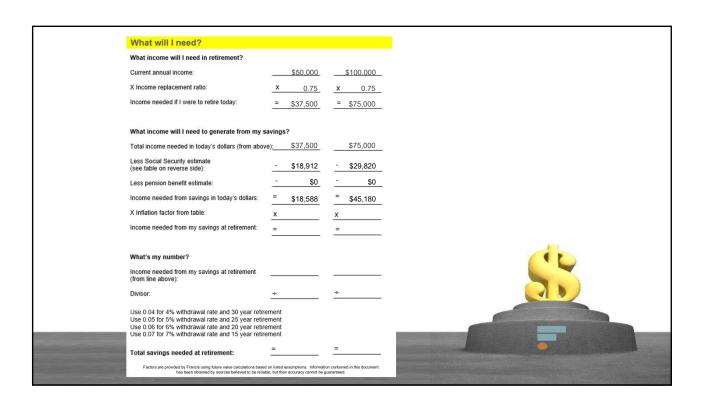


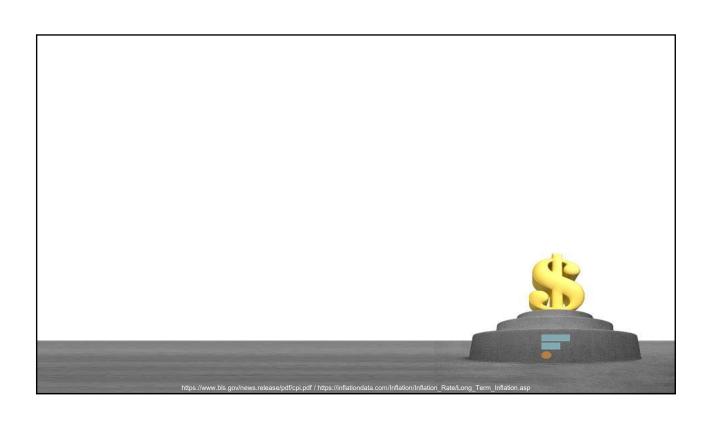


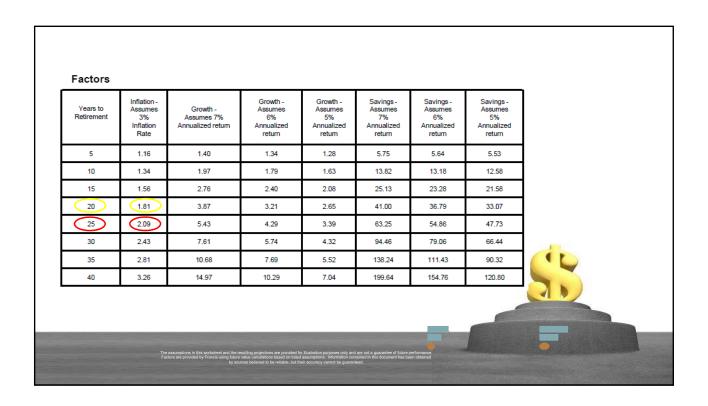
What will I need?			
What income will I need in retirement?			
Current annual income:	\$50,000	\$100,000	
X Income replacement ratio:	x 0.75	x 0.75	
Income needed if I were to retire today:	= \$37,500	= \$75,000	
What income will I need to generate from my	savings?		
Total income needed in today's dollars (from abo	(ve): \$37,500	\$75,000	
Less Social Security estimate (see table on reverse side):		-	
Less pension benefit estimate:		-	
Income needed from savings in today's dollars:	=	=	
X Inflation factor from table:	×	x	
Income needed from my savings at retirement:	= 1	=	
What's my number?			
Income needed from my savings at retirement (from line above):		-	
Divisor:	+	+	
Use 0.04 for 4% withdrawal rate and 30 year reti Use 0.05 for 5% withdrawal rate and 25 year reti Use 0.06 for 6% withdrawal rate and 20 year reti Use 0.07 for 7% withdrawal rate and 15 year reti	rement rement		
Total savings needed at retirement:	=	=	
Factors are provided by Francis using future value calculations bas has been obtained by sources believed to be rel	ed on listed assumptions. Informat lable, but their accuracy cannot be	on contained in this document guaranteed.	



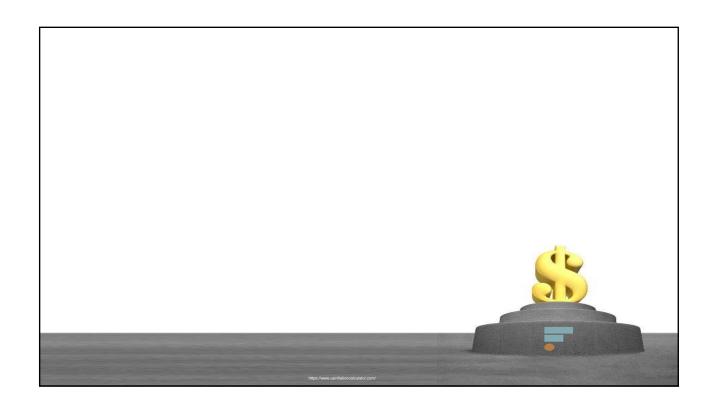
				Social Securi		sed on 2022 Quid y Benefit Amount	k Benefits Calcula (in Today's \$)	tor Found at ssa.	gov				
						Current Annual	ncome						1
Current Age	\$10,000	\$20,000	\$30,000	\$40,000	\$50,000	\$60,000	\$70,000	\$80,000	\$90,000	\$100,000	\$110,000	\$120,000	
Age 25	Age 62: \$527 Age 67: \$749 Age 70: \$929	Age 62: \$793 Age 67: \$1,127 Age 70: \$1,397	Age 62: \$981 Age 67: \$1,393 Age 70: \$1,728	Age 62: \$1,169 Age 67: \$1,660 Age 70: \$2,058	Age : \$1,356 Age : \$1,927 Age : \$2,389	Age 62: \$1,544 Age 67: \$2,193 Age 70: \$2,720	Age 62 \$1,732 Age 67: \$2,460 Age 70: \$3,050	Age 62: \$1,861 Age 67: \$2,643 Age 70: \$3,277	Age 62: \$1,949 Age 67: \$2,768 Age 70: \$3,432	Age 62: \$ 037 Age 67: \$ 893 Age 70: \$ 587	Age 62: \$2,125 Age 67: \$3,018 Age 70: \$3,742	Age 62: \$2,213 Age 67: \$3,143 Age 70: \$3,897	
Age 30	Age 62: \$521 Age 67: \$749 Age 70: \$929	Age 62: \$789 Age 67: \$1,127 Age 70: \$1,397	Age 62: \$975 Age 67: \$1,393 Age 70: \$1,728	Age 62: \$1,160 Age 67: \$1,660 Age 70: \$2,058	Age 1: \$1,346 Age 1: \$1,927 Age 1: \$2,389	Age 62: \$1,532 Age 67: \$2,193 Age 70: \$2,720	Age 62: \$1,717 Age 67: \$2,460 Age 70: \$3,050	Age 62: \$1,853 Age 67: \$2,643 Age 70: \$3,277	Age 62: \$1,940 Age 67: \$2,768 Age 70: \$3,432	Age 62: \$ 027 Age 67: \$ 893 Age 70: \$ 587	Age 62: \$2,114 Age 67: \$3,018 Age 70: \$3,742	Age 62: \$2,201 Age 67: \$3,143 Age 70: \$3,897	
Agr: 05	Age 62: \$505 Age 07: \$737 Age 10: \$927	ge 6 5774 ge 5144 ge : \$1,395	Age : \$958 Age : \$1,380 Age : \$1,726	Age 62 :\$1,138 Age 67: \$1,643 Age 70: \$2,055	Age :: \$1,318 Age :: \$1,905 Agt :: \$2,385	Age 62 :\$1,498 Age 67: \$2,168 Age 70: \$2,715	Age 62: \$1,678 Age 67: \$2,430 Age 70: \$3,045	Age 62 :\$1,832 Age 67: \$2,626 Age 70: \$3,274	Age 62 :\$1,916 Age 67: 67,747 Age 70: \$3,429	Age 62: 000 Age or . \$2,072 Am 10: \$3,585	Age 62: \$2,085 Age 07: \$2,095 Age 70: \$3,738	Age 62 :\$2,169 Age 67: \$3,118 Age 70: \$3,893	
Age 40	Age 62:3484 lige 67:3712 Age 70:59	Age 62: \$762 Age 67: \$1,101	Age 62: \$935 Age 67: \$1,354	Age 62: \$1 107 Age 67: \$1608	Age 62: \$1,280 Age 62: \$1,862	Age 62: \$1,452 Age 67: \$2,116	Age 62 :\$1,625 Age 67: \$2,369	Age 62: \$1,797 Age 67: \$2,594	Age 62:\$1,884 Age 67:\$2,713 \$3,393	Age 62: \$1,965 Age 67: \$2,832 Age 70: \$3,544	Age 62: \$2,045 Age 67: \$2,951 Age 70: \$3,694	Age 62: \$2,126 Age 67: \$3,070 Age 70: \$3,845	
Age 45	Age 62: 8457 age 67: 5681 age 7 0: 5889	Age 62: \$744 Age 67: \$1,078 Age 70: \$1,359	Age 62: \$906 Age 67: \$1,320 Age 70: \$1,004	Age 62: \$1070 Age 67: \$4,563 Age 70: 33	Age 62: \$1,232 Age 67: \$1,805 Age 10: \$2,283	Age 62: \$1,395 Age 67: \$2,048 Age 70: \$2,592	Age 62: \$1,558 Age 67: \$2,3290 Age 70: \$2,902	Age 62: \$1,721 Age 67: \$2,532 Age 70: \$3,197	Age 62:\$1,844 Age 67:\$2,665 Age 70:\$3,342	Age 62: \$1,020 Age 67: \$2,779 Age 70: \$3,487	Age 62: \$1,997 Age 67: \$2,892 Age 70: \$3,632	Age 62: \$2,073 Age 67: \$3,006 Age 70: \$3,777	
Age 50	Age 62: \$426 Age 67: \$641 Age 10: \$825	Age 62:\$721 Age 67:\$1,050 Age 70:\$1,324	Age 62: \$873 Age 67: \$1,279 Age 70: \$1,618	Age 62: \$1025 Age 67: \$1,937 Age 70: \$1,912	Age 02: \$1,176 Age 67: \$1,176 Age 70: \$2,206	Age 62: \$1,329 Age 67: \$1,964 Age 70: \$2,500	Age 62: \$1,481 Age 67: \$2,192 Age 70: \$2,794	Age 62: \$1,632 Age 67: \$2,421 Age 70: \$3,088	Age 62: \$1,795 Age 67: \$2,606 Age 70: \$3,277	Age 62: \$1,868 Age 67: \$2,714 Age 70: \$3,415	Age 62: \$1,340 Age 67: \$2,821 Age 70: \$3,553	Age 62: \$2,011 Age 67: \$2,928 Age 70: \$3,690	
Age 55	Age 62: \$491 Age 67: \$596 Age 70: \$774	Age 62: 90 Age 67: \$1 18 Age 70: \$1, 7	Age 62: \$835 67: \$4.220 Age 1: \$ 62	Age 62: \$975 50 67: \$1,443 A 70: \$1,838	Age 62: \$1,114 Age 67: \$1,655 Age 70: \$2,114	Age 62: \$1,253 Age 67: \$1,967 Age 70: \$2,389	Age 62: \$1,393 Age 67: \$2,079 Age 70: \$2,665	Age 62: \$1,532 Age 67: \$2,291 Age 70: \$2,940	Age 62: \$1,671 Age 67: \$2,504 Age 70: \$3,200	Age 62: \$1,809 Age 67: \$2,638 Age 70: \$3,329	Age 62: \$1,875 Age 67: \$2,737 Age 70: \$3,458	Age 62: \$1,940 Age 67: \$2,837 Age 70: \$3,587	
Age 60	Age 62: \$352 Age 67: \$545 Age 70: \$715	Age 62: \$66 Age 67: \$961 Age 70: \$1,245	Age 67: \$1,175 Age 70: \$1,499	Age 62: \$919 Age 67: \$1,369 Age 70: \$1,754	Age 62: \$1,045 Age 67: \$1,563 Age 70: \$2,008	Age 62: \$1,170 Age 67: \$1,757 Age 70: \$2,262	Age 62: \$1,296 Age 67: \$1,962 Age 70: \$2,517	Age 62: \$1,421 Age 67: \$2,145 Age 70: \$2,772	Age 62: \$1,546 Age 67: \$2,339 Age 70: \$3,026	Age 62: \$1,671 Age 66: \$2,534 Age 70: \$3,230	Age 62: \$1,797 Age 66: \$2,643 Age 70: \$3,349	Age 62: \$1,862 Age 67: \$2,734 Age 70: \$3,468	
Age 65	Now: \$450 Age 66 and 4 Months: \$490 Age 70: \$689	Now: \$869 Age 66 and 4 Months: \$930 Age 70: \$1,243	Now: \$1,028 Age 66 and 4 Months: \$1,105 Age 70: \$1,488	Now: \$1,189 Age 66 and 4 Months: \$1,280 Age 70: \$1,734	Now: \$1,349 Age 66 and 4 Months: \$1,454 Age 70: \$1,979	Now: \$1,509 Age 66 and 4 Months: \$1,629 Age 70: \$2,225	Now: \$1,669 Age 66 and 4 Months: \$1,804 Age 70: \$2,471	Now: \$1,829 Age 66 and 4 Months: \$1,978 Age 70: \$2,717	Now: \$1,989 Age 66 and 4 Months: \$2,153 Age 70: \$2,962	Now: \$2,149 Age 66 and 4 Months: \$2,328 Age 70: \$3,208	Now: \$2,310 Age 66 and 4 Months: \$2,503 Age 70: \$3,348	Now: \$2,420 Age 66 and 4 Months: \$2,592 Age 70: \$3,463	70
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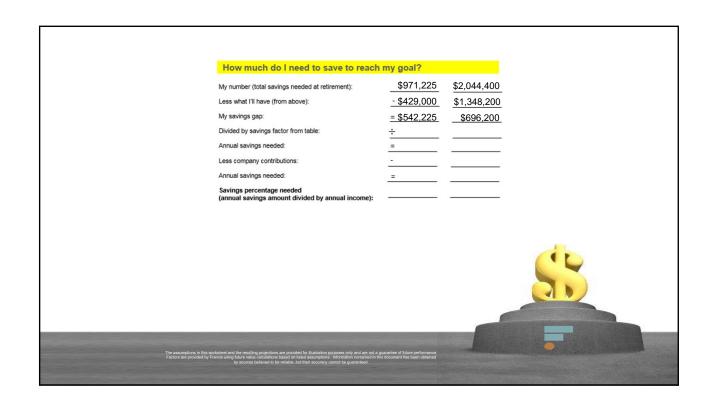


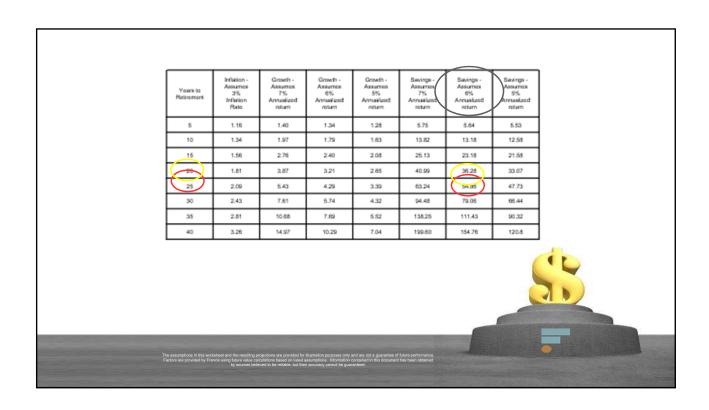


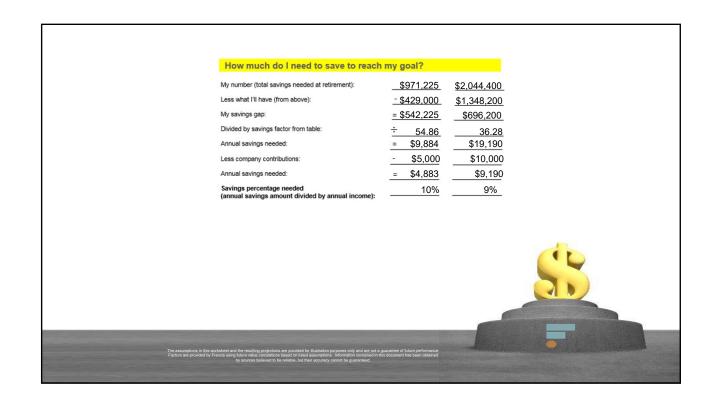
What will I need?			
What income will I need in retirement?			
Current annual income:	\$50,000	\$100,000_	
X Income replacement ratio:	x 0.75	x 0.75	
Income needed if I were to retire today:	= \$37,500	= \$75,000	
What income will I need to generate from my	savings?		
Total income needed in today's dollars (from about	ve):\$37,500_	\$75,000	
Less Social Security estimate (see table on reverse side):	- \$18,912	- \$29,820	
Less pension benefit estimate:	- \$0	- \$0	
Income needed from savings in today's dollars:	= \$18,855	= \$45,180	
X Inflation factor from table:	x 2.09	x 1.81	
Income needed from my savings at retirement:	= \$38,849	= \$81,776	
What's my number?			d
Income needed from my savings at retirement (from line above):	\$38,849	\$81,776	
Divisor:	÷ 0.04	÷ 0.04	(A)
Use 0.04 for 4% withdrawal rate and 30 year retir Use 0.05 for 5% withdrawal rate and 25 year retir Use 0.06 for 6% withdrawal rate and 20 year retir Use 0.07 for 7% withdrawal rate and 15 year retir	ement rement		
Total savings needed at retirement:	= \$971,225	=\$2,044,400	
Factors are provided by Francis using future value calculations base has been obtained by sources believed to be relia	ed on listed assumptions. Informat	ion contained in this document	The assumptions in this worksheet and the resulting projections are provided for illustration purposes only and are not a guarantee of future performance



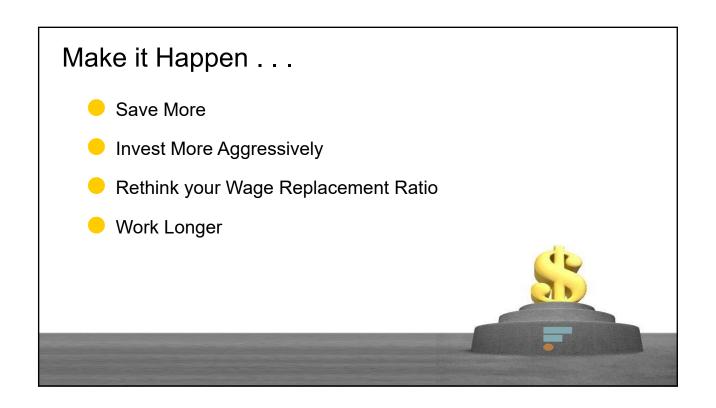
Value of retirement assets today: \$100,000 \$420,000	Value of retirement assets today: X 4.29 X 3.21	What will I have			··					
X 4.29 X 3.21	X Growth factor from table: X 4.29 X 3.21			row to by re	tirement?	\$100,0	00	\$420,0	00	
Salance at retirement without additional savings: = \$429,000 \$1,348,200	Salance at retirement without additional savings: = \$429,000 \$1,348,200					x 4.	 29	x 3.2	 !1	
Principle Prin	Voies to Selection			tional savin	-		_		_	
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15 1.56 2.78 2.40 2.05 25.13 22.15 21.55 20.05 25.13 22.15 21.55 20.05 25.13 22.15 21.55 20.05 25.25 2.00 5.43 4.29 3.39 63.24 54.85 47.73 25 2.43 7.61 5.74 4.32 54.48 72.05 65.44 20.05 25.13 25.25 11.43 50.32	15 1.56 2.76 2.40 2.08 25.13 23.15 21.58 21.58 20.50 1.61 3.87 3.21 2.65 40.99 39.28 33.07 25 2.00 5.43 4.20 3.39 63.24 54.95 47.73 30 2.43 7.61 5.74 4.32 54.48 79.05 69.44 35 2.81 50.66 7.89 5.52 138.25 131.43 59.32	5 1.16	1.40	1.34	1.28	5.75	5.64	5.53	\dashv	
20 1.81 3.87 3.21 2.85 40.99 36.28 33.07 28 2.69 5.43 4.29 3.39 63.24 54.85 47.73 20 2.43 7.61 5.74 4.32 04.48 73.06 66.44 35 2.81 50.88 7.69 5.52 138.25 131.43 90.32	25 1.81 3.87 3.21 2.85 40.99 36.28 33.07 28 25 2.09 5.43 4.29 3.39 63.24 54.85 47.73 20 2.43 7.61 5.74 4.32 54.48 73.08 69.44 35 2.81 50.86 7.69 5.52 138.25 111.43 50.32	10 1.34	1.97	1.79	1.63	13.82	13.18	12.58	7	
25 2:09 5.43 429 3.39 63.24 54.95 47.73 30 2:43 7:61 5.34 4.32 54.83 73.06 69.44 35 2:61 10.66 7:69 5:52 136.25 131.43 90.32	25 2.09 5.43 4.29 3.39 63.24 54.95 47.73 30 2.43 7.61 5.74 4.32 54.48 73.09 68.44 35 2.61 10.68 7.69 5.52 136.25 111.43 99.32	15 1.58	2.76	2.40	2.08	25.13	23.18	21.58		-
30 2.43 7.61 5.74 4.32 94.48 79.06 65.44 35 2.61 10.66 7.69 5.52 138.25 111.43 90.32	30 2.43 7.61 5.74 4.32 94.48 79.05 69.44 35 2.81 10.65 7.69 5.52 138.25 111.43 10.32	20 1.81	3.87	3.21	2.65	40.99	36.28	23.07	ar a	11
35 2.81 10.68 7.69 5.92 138.25 111.43 50.32	35 2.61 10.66 7.69 5.52 136.25 111.43 90.32				_	_	_	_		
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What's Your Number? Find out how much you'll really need to retire Understand the match Make Some Planning Decisions Do the Math Make it Happen



Take the Oath...

I, (insert your name here)
Do solemnly swear that I will take this page home
...

Do the math for myself . . .

And meet with my advisor with questions!

